

Delilah and Abigail Worksheet

While it is easy for us to examine the lives of Delilah and Abigail and see that they were involved in spiritual warfare, they probably did not see themselves in this type of situation.

But in looking at their lives, we can see some things that could help us in our battle against the powers of darkness.

According to the Scriptures, Satan has many ways of attacking but there seem to be three main methods which he uses:

1. A Tempter - The first time he came to mankind, he was a tempter. In the form of a serpent, he tempted Eve. Later he tempted Jesus in the wilderness.

2. A Deceiver - This is a very subtle form of attack and many more people are fooled. Read 2 Corinthians 11:14-15. If we are aware of Satan and how he works we should know when we are being tempted. He will not attack you at your strongest point - he attacks your weakest point. How well do you know your scriptures? Do you spend a lot of time studying the Book of Mormon and ignore the rest of the Scriptures? How about the Old Testament? How much do you know about God in the Old Testament?

3. An Accuser - This is the strongest form of attack. Delilah became an accuser who allowed the enemy to work through her. Satan accuses. He causes peoples to accuse each other and themselves. Have you ever developed feelings of hostility? Jealousy? Greed? Those types of feelings can later lead to guilt, discouragement, and unbelief. When we allow these feelings to overcome us - we are right where Satan wants us!

In Ephesians 6, we are given the commandment to "...be strong in the Lord, and the power of His might." I heard a minister on radio a few years ago say, "If Satan is not busy in your life - then you are doing nothing with your life." As Christians, we are constantly under attack because of our relationship with Jesus Christ.

Battlegrounds

1. Physical body - While not all illnesses are brought on by Satan, the scriptures refer to our body as the temple of God. How much do you think that Satan would like to disable God's temple?

2. Moral - He will tempt us to break God's moral laws and then cause us to justify our actions. In other words, we will disobey His Word and see no need to repent.

3. Beliefs - We are told to "test the spirits" and beware of false prophets. How about false doctrine?

4. Children - As a mother, I know this to be true. What better way to attack than through your children? Children can be very vulnerable.

We already know what our protection is. Many of us have taught Vacation Church school themes built around the whole armor of God (Ephesians 6:10-18). You've taught it and you've talked about it but do you really know what it is?

Weapons To Use In Spiritual Warfare

The Word of God - (Hebrews 4:12) Jesus used this weapon as the means to defeat Satan in the wilderness. He quoted God's word for every temptation. But in order to use it - you gotta know it!

The Word of our Testimony - (Revelation 12:11) Nothing can stand against us as we testify to what Jesus has done in our lives (Isaiah 54:17).

Praise to the Lord - (2 Chronicles 20:22) Just as Jehoshaphat, King of Judah won the battle by praising God - when we praise Him, He will defeat the enemy.

Praying in the Spirit - (Ephesians 6:18; Romans 8:26-27) If we pray according to God's will, we will be able to discern and Satan will be exposed.

Spiritual Gifts - (I Corinthians 12:8-9) The gifts that God through His Spirit has given each of us will defeat Satan. If you don't know what they are - ask God!!

The Name of Jesus - (Acts 5:40-41; Mark 16:17-18; Philippians 2:9-11) The name above all names is Jesus.

Fasting - Isaiah 58:6) God uses fasting for His purpose.

Faith - (I Peter 5:8-9) We should actively resist with a strong faith.

Read all of the scriptures listed above and then take a good look at your life and answer the following questions:

1. Do you know who your real enemy is and some of the ways in which he operates?
2. Do you wage spiritual warfare or are you easily conquered?
3. Do you know what the spiritual weapons are? Do you know how to use them?
4. Is there a weapon that you need to learn how to use?
5. Is there something you need to change in your life and will you do it?