

# DAILY TIDINGS

FRIDAY, APRIL 12, 2024

DAY 6

**Daily Theme: The day speedily cometh...  
My word shall not pass away...  
D&C Section 1:6**

6a. And again, verily I say unto you, O inhabitants of the earth, I, the Lord, am willing to make these things known unto all flesh, for I am no respecter of persons,

6b. and will that all men shall know that the day speedily cometh -- the hour is not yet, but is nigh at hand -- when peace shall be taken from the earth, and the Devil shall have power over his own dominion;

6c. and also the Lord shall have power over his saints, and shall reign in their midst, and shall come down in judgment upon Idumea, or the world.

## LAYING ON OF HANDS; ADMINISTRATION:



If you need this ordinance, contact any Elder or specifically Eric Odida or Marlin Guin.

**CONFERENCE FINANCIAL GOAL:** If you will be donating by check, please make the check-out to: Conference of Restoration Elders OR CRE. Thank you for your generosity! The financial goal of the conference and reunion is:



Financial Goal .....	\$15,650.00
Offerings Thus Far .....	\$12,834.66
Balance To Be Met .....	<u>\$ 2,815.34</u>

**SANCTUARY:** A consecrated place. Please maintain a sense of quiet and reverence when in the sanctuary. Also, NO food or drink in the sanctuary, except for bottled water.



**NAME BADGES:** Before you to leave the conference, please leave your plastic name badge in the box at the registration table.



## MOMENTS MATTER, ATTENDANCE COUNTS.

Sunday Evening .....	225
On-Line .....	90
Monday Evening .....	160
On-Line .....	96
Tuesday Evening .....	187
On-Line .....	126
Wednesday Evening .....	245
On-Line .....	130
Thursday Evening .....	177
On-Line .....	122

**ON-LINE ACCESS:** [www.eldersconference.org](http://www.eldersconference.org)

- ◆ Access the website
- ◆ Register On-Line
- ◆ Conference Schedule
- ◆ Stone Church Map
- ◆ Public Sessions
- ◆ Women's Classes
- ◆ Aaronic Quorum Meetings
- ◆ Elders Quorum Meetings
- ◆ Conference Notebook
- ◆ Digital Handouts & Resources



**TESTIMONIES FOR TIDINGS OF ZION:** Write your testimonies for the Tidings of Zion magazine and send them to: [centerplacetidingsofzion@gmail.com](mailto:centerplacetidingsofzion@gmail.com)

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**MELCHIZEDEK PRIESTHOOD:** You must register and be credentialed in order to have a voice and vote in the Elder's sessions. Please check the schedule in the conference notebooks as well as at the Registration desk for times and locations for all meetings. Pick up your name badge and conference notebook at the registration table. A \$15.00 donation is helpful to cover the cost of the notebooks.



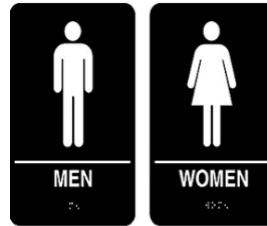
**ELECTRONIC "GADGETS":**  
Please set your phones on silent or off when in the building. Take and make calls outside the building.



**SEATING:**  
Please fill in the seats in the main section BEFORE filling in the seating on the sides of the sanctuary.



**RESTROOMS:** The men's restroom is located on the east side hallway going toward the Luff Auditorium and the women's restroom is located on the west side of the hallway, also going toward the Luff Auditorium. There is also a men's and women's room toward the main hallway going toward the glass breezeway.



**ELEVATOR:** The elevator is located on the west side of the foyer as you head toward the Luff Auditorium. Feel free to ask Janet Dickson who will be at the registration table for directions.



**FIRST AID, & AED Defibrillator:** Check at the Registration Desk in the foyer if you have first aid needs. We will not have a nurse "on duty" but some may be available. A portable AED Defibrillator will be there as well. Point of contact for these items is Janet Dickson at the registration table. You can call or text at (940) 783-7987.



**FREE** Daily Devotional Guide (from May 1<sup>st</sup>–Aug. 31<sup>st</sup>) on Display

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**TODAY'S LUNCH** will be at Living Hope RB located at 2425 ½ S. Crysler Ave., Independence. (Only 1.2 miles from the Stone Church)



Today's yummy is...Salad bar with a variety of toppings including chopped hard-boiled eggs, chicken strips, and chunked turkey, ham, bacon and graded cheeses. and salad. Also, a various of desserts. Gluten free options will be available.

**WATER BOTTLE FOUNTAIN:** There is a water fountain that also fills water bottles on the west side in the foyer and a traditional water fountain on the east side of the foyer. Feel free to bring your own water bottles for refilling.



**REFRESHMENTS:** There will be refreshments, downstairs in the Luff Auditorium following this evening's service. Please stay for snacks and fellowship. We would like to thank the Women's Council for providing the refreshments for Sunday and Friday evenings.



Free 1-year subscriptions of Restoration Voice magazine are available. Give Dee or Paul Ludy your name, address & phone number to get on the list.



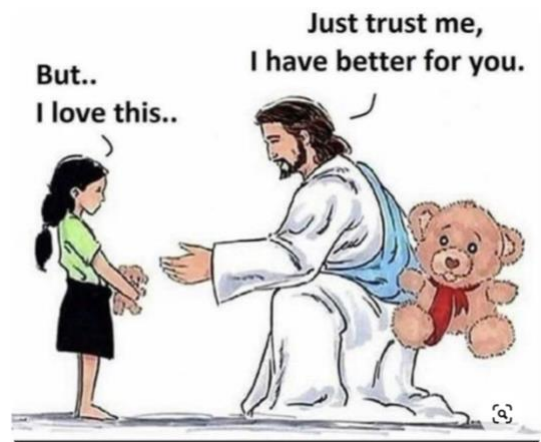
**DISPLAYS:** Various displays are set up in the foyer. Please take time to visit them to see what is going on in and around the Center Place. Displays will be removed by today, April 12, 2024, by 6:00 p.m.



- † ARM: African Restoration Ministries
- † Children's Books by: Beryle Immer
- † Education Council
- † FSM: Freedom Stewardship Ministries
- † GEM
- † Joseph Smith III & Israel A. Smith Home Historical Society
- † Kingdom Kids by: Becky Stayton
- † Old Bookman: Paul & Dee Ludy
- † Publications Council
- † Restoration Hymn Society, Inc.



**Just a thought...** Who know the most people in the Bible?  
Answer: Abraham knew a Lot.



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## 3 Ways Worship Can Calm Your Anxiety

By: Deirdre Reilly (deidrereilly.com)

Martin Luther once said, “Pray, and let God worry.” How relaxing that sounds--and how hard to believe! Human beings seem to be hard-wired for stress and anxiety, and in these modern times one has only to scroll social media, engage in conversations with others, or watch television to see anxiety in action. The good news is that a lasting solution for anxiety is easily found--worshipping our Lord. The give-and-take of prayer and worship is a natural conduit for peace in our minds and hearts, if we trust it and take action to make it possible. Read on to understand how worship improves our mental health!



and worship is a natural conduit for peace in our minds and hearts, if we trust it and take action to make it possible. Read on to understand how worship improves our mental health!

### 1. Connecting with the True Source of Peace

When we worship, whether alone or with others, we connect with the true source of all hope, peace, and



certainty — which is exactly what we need during anxious times. My husband contracted the Coronavirus last summer when it was relatively new, and medical predictions about possible outcomes--including death--ran a very wide and frightening gamut. Talk about anxious! My daily prayers increased to the point where I was talking to the Lord every minute! I also repeated this verse, which points to physical sensations including “weary” and “faint”:

“But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint” (Isaiah 40:31). The Bible had the right verse

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By: Deirdre Reilly (deidrereilly.com)

### **1. Connecting with the True Source of Peace, *Cont'd.***

for me, and I faced each of the very long nine days my husband was ill with assurance that the Lord was indeed watching over him. God longs for us to bring our stress, worry, and anxiety straight to Him in worship; it is one very important way that we can show God our faith and trust in Him. You are never “bothering” Him or over-doing your prayers and petitions. As Hebrews 11:1 reminds, “Now faith is confidence in what we hope for and assurance about what we do not see.”

How beautiful is the experience of worshipping with others, whether in a church, on a mountaintop, or around the dining room table. Psalm 55:4 confirms, “We who had sweet fellowship together walked in the house of God in the throng.” The word “sweet” conveys the beauty created when we bow our heads together in worship.

I find that church is the best place to be when anxiety soars; on 9/11/01, when our nation was attacked, I was next door to my church at a tumbling class with my toddler. I took my little boy to church as soon as class ended, having heard about the first two planes crashing into the Twin Towers in New York City. As we sat down, I was touched to see some local workmen, dusty and dirty, tool belts still around their waists, sitting a few pews in front of me praying.

Church--and worship--draws us like a magnet because it is good and right that we take our sorrows and stresses to God, the maker of heaven and earth and Architect of our very existence. He made us, so He understands us. Psalm 99:9 explains, “Exalt the Lord our God, And worship at His holy mountain, For the Lord our God is holy.”

### **2. Realizing Others Have Anxiety, Too (including the Apostles!)**

When we worship in community, our humanity is shared. Every bowed head acknowledges a far greater power than our own, a far greater Love than we can experience among ourselves only.

Worship connects us and allows us to turn together to our ultimate answer when we are anxious and worried. As human beings we long for control--and through technology and our modern way of living, for many of us the illusion of control has never been greater. We live an “on demand” lifestyle that caters to our every want and need, it seems. That is why worship is so important--it acknowledges that we actually have very little control, and that God alone has supernatural power.

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### **2. Realizing Others Have Anxiety, Too (including the Apostles!), *Cont'd.***

It also allows us to send and receive love to the Lord, which is the healthiest thing you will ever do in your life.

It helps me to remember that even the apostles were anxious--and they knew Jesus when he was here on earth! How touching it is when Jesus must soothe their anxieties as his earthly life draws to a close.

"Do not let your hearts be troubled," Jesus tells his worried followers in John 14:1-2. "You believe in God; believe also in me. My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am. You know the way to the place where I am going."

What is Jesus doing here? He is reassuring, with concrete examples of what is to happen--he is going away to heaven, and will prepare a place for them, and someday return for them--and us, too! How can we worry too much when we have this beautiful assurance from Jesus?

Thomas (a doubter who was probably a huge worrier) said to Jesus, "Lord, we don't know where you are going, so how can we know the way?" Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me. If you really know me, you will know my Father as well. From now on, you do know him and have seen him.'" (John 14:5-7)

What blessed reassurance God's own son offered those he loved so much. Can it be any less for us, also beloved by the Father and the Son?

### **3. Getting Real About What Ails You**

Worship allows us to lay out our stress and anxiety in a sacred space, sharing it all with God. The Lord already knows all about our lives, but wants to hear *from us directly* about issues large and small.

Consider the idea of knowing about someone's problems, versus hearing it directly from them--they are two totally situations entirely! The person who tells you they are struggling invites you into their life, even the messy parts--which is what God dearly wants with us.

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## **3 Ways Worship Can Calm Your Anxiety**

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### **3. Getting Real About What Ails You, *Cont'd.***

Sometimes it is tempting to be too “proper” in our prayers, omitting things that seem silly, horrifying, or reveal an ugly, sinful side. *Nonsense!* Bring it all to God in prayer.

Proverbs 3:5-6 reminds, “Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.” This is an interesting passage. “Make your paths straight” implies an initial crooked path, which can be interpreted to mean bad thoughts and/or actions--those we might be embarrassed to take to the Lord. Sometimes, knowing God’s complete *goodness*, it is horrifying to think about revealing our *badness* to Him.

Never fear; He knows our sinful natures, and just how bad we can be. *After all, if we really aren’t so bad, why did Christ have to die for our sins?*

So, God already knows how cruel, lustful, and selfish humanity can be. Reveal all of your sin, despair, and anxiety to Him through your prayers, and passionately worship Him as the only One who can save you.

This is what will truly relieve you of your worry and anxiety--and bring you a bright new future starting right now--one that is more happy, healthy, and fruitful than you can ever imagine!